

What is Candida?

Any of the following physical afflictions may be due to Candida Albicans, a yeast infection that begins in the digestive system and slowly spreads to other parts of the body: frequent colds, Epstein Bar Virus, bladder infections, skin eruptions, poor digestion, reproductive problems, vaginal yeast infections, fatigue, joint pain, depression, memory loss, irritability, anxiety, and mood swings.

A yeast cell produces over 75 known toxic substances that poison the human body. These toxins contaminate the tissues, weaken the immune system, the glands, the kidneys, bladder, lungs, liver and especially the brain and nervous system. Candida yeast may eventually evolve into a fungal form—very long, root-like structures penetrate the mucous lining of the gastrointestinal wall. As a result, the protective barrier between the intestinal tract and bloodstream allows foreign and toxic substances to pollute the body. If undigested proteins and other food wastes are not properly eliminated, the immune system often comes under attack and may cause tremendous allergic reactions, fatigue and many other health problems. A Candida yeast infection is frequently undetected and subsequently, transmitted sexually.

An organic compound in humans called Acetaldehyde is the primary waste product and human toxin from Candida; it is a product of alcohol fermentation within the body. In response, the immune system may respond to Candida by-products and food molecules in the bloodstream with high histamine production. This in turn can result in classic symptoms of allergies and food intolerances.

Everyday, Candida causes numerous health problems and discomfort for over 30 million men and women, and it is estimated that nearly everyone has or will eventually have a moderate to serious Candida condition in their lives. For many people, prescription drugs are not effective as a long-term treatment. Unpleasant side effects often prove more difficult to endure than the condition itself. Due to Candida's cyclical nature, relief may be found through the administration of holistic medicines and treatments.

Candida Support www.candidasupport.org

References:

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